

# Confirmation Saint Name Selection and Saint Report

As part of your preparation for receiving the Sacrament of Confirmation you will need to choose a Confirmation saint as your patron or patroness. At your Confirmation, you will be confirmed using this name. You may choose either your Baptismal name, the name of a Godly person from the Bible or a canonized saint of the Catholic Church.

If you need help in deciding what saint's name to pick just simply research the lives of some saints and see if you can find an example of a life that moves you to want to live your Catholic faith better. The website [Catholicsaints.info](http://Catholicsaints.info) may be a good place to start. There you will find saints categorized according to their occupation, their vocational status and other characteristics. Other online resources include:

[lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/](http://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/)

[ewtn.com/catholicism/saints](http://ewtn.com/catholicism/saints)

[franciscanmedia.org/saints](http://franciscanmedia.org/saints)

After having selected a name, you will then need to write a report. Please follow the directions on the Saint Report Format and Saint Fact Sheet to complete this project.

The idea of taking a new name is part of a tradition where a name change signifies a change in mission. In the OT God changed Abram's name to Abraham to signify that he will become the father of a multitude. In the NT Jesus changed Simon's name to Peter to show that he will be the rock upon which the Church will be built. From earliest times, men and women religious have changed their names in imitation of this practice to signify a change to a Christian identity and the way they feel called to live out their Catholic life. Choosing a Confirmation name can also serve to give you a sense of a new Christian identity and clarity on how you desire to live out your Faith in Jesus as a young adult in the Church.

At your Confirmation the Bishop will ask you to state your Confirmation name when he confirms you. He may also ask you to tell him about that saint and why you chose that particular one. So it's important that you take seriously the choosing of your name.

# Saint Report Format

## *Cover Page*

Your saint's name should be centered at the top in at least size 30 font. Below your saint's name should be your name and below that should be the name of your Religious Ed instructor.

## *Main Body of the Report*

The report should consist of at least three complete paragraphs using size 12 font. It should be double spaced with 1 inch margins.

the paragraphs you write should follow the outline in the Saint Fact Sheet.

## *Bibliography*

Be sure to list the sources you used at the end of your report.

## Please Note:

The Saint Fact sheet should be filled out and stapled to the back of your completed report. Please make sure you staple the pages up in the top left corner of the paper.

**the Saint Report is Due March 11, 2021**

Name \_\_\_\_\_

## Saint Fact Sheet

Complete this fact sheet in pencil before writing your report. Make sure it is attached to the end of your report before you turn it in. This will help you gather the needed information to help you write your report in your own words.

### *Paragraph One:* Introduction to the Saint - General Background

Name of saint: \_\_\_\_\_

Year of birth: \_\_\_\_\_

Place of birth/where grew up: \_\_\_\_\_

How big was the saint's family: \_\_\_\_\_

Were there any deaths in the family \_\_\_\_\_

What was the saint's relationship with parents & family like: \_\_\_\_\_

Was the family religious? dedicated to Christianity? \_\_\_\_\_

Other info (education? skills/talents/special training? Interests?)

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### *Paragraph Two:* Religious Background

The Saints Life as a Catholic:

- when did they start following Jesus? Was there a time of conversion? What drew them to Jesus?

- what were some of the obstacles that they had to overcome in order to follow God's call in their life and become holy? How did they overcome them?

Name \_\_\_\_\_

- Is there a quote from the saint that means something to you?

- which of your saint's virtuous behaviors do you want to imitate the most and why?

*Paragraph Four. Closing Prayer*

write a brief closing prayer asking your Confirmation saint to help you  
as you prepare to receive this Sacrament.